



Risk Assessment: Football Activity Plan and Controls

Task	Stanmore Jafferys Ladies/Girls Football Player, Personnel and Parent Safety (COVID-19)	Issued	23/08/2020	Assessment No:	SJL001
Activity	Football training sessions and other footballing activities	Location	Publicly accessible fields, hired pitches at sports venues and official league sanctioned venues		

People at Risk	Players	Coaches	Parents	Public	Passers By
Confirm	Yes	Yes	Yes	Yes	Yes

Likelihood	Low (L)	Medium (M)	High (H)
Risk rating	Low (L)	Medium (M)	High (H)

Task Specific Hazard	Pre-Control Likelihood & Risk Rating (Low, Medium, High)	Controls measures to reduce/mitigate the risk	Post-Control Likelihood & Risk Rating (Low, Medium, High)	Actioned By (Who, Date)
Wellbeing Covid-19 Symptoms	M	<ul style="list-style-type: none"> • Before travelling to a session or other footballing activity, each participant and accompanying parent or carer must undertake the 'Self Screen Check' as set out in the Safety Summary section. If they answer 'yes' to any one of the screening questions, then they should not travel to the training session or footballing activity. • Before the session or activity commences, each participant and attending parent or carer should hand to the coach leading the activity their completed self-screen check. The coach should check that the self-screen check is negative for all participants. • The lead coach should maintain a record of attendance of each training session or footballing activity, which should be provided to the Club. • For the avoidance of doubt, a parent or carer who travels to the location and stays in their car is still required to self-screen check. However, this self-screen check does not need handing to the coaches. • Individuals who are advised to stay at home under existing Government guidance should not physically attend training sessions. This includes individuals who have symptoms of Covid-19 as well as those who live in a household with someone who has symptoms. • NHS track and trace system in place where parent/guardian contact details are taken before each session and kept on record for 21 days in case of requirement to contact individuals 	L	

Travel to and from training	M	<ul style="list-style-type: none"> • Where possible parents should drop their children off and leave the area until the session has finished OR wait in their vehicles OR maintain separate socially distanced 'gatherings' of no more than 6 people. • You should only share a car with people from your household or support bubble. • Individuals cannot under any circumstances offer transportation for those outside of their household or support bubble. 	L	
Social Distancing	H	<ul style="list-style-type: none"> • Online registration system in place before the session to manage session number. Contactless payment in place to ensure minimal handling of cash • Training sessions and football activities should be carefully planned by coaches to ensure they are structured to meet Government guidance. • Competitive training can take place for all participants in an outdoor setting provided this takes place in groups of no more than 30 (including coaches). Warm ups/cool downs to be socially distanced with 2metres between each player. • Competitive match play is permitted from 1 August 2020, with social distancing in place before and after the match, and in any breaks in play. • Goal celebrations, handshakes and high-fives should be avoided. Team talks to be conducted in a socially distant circle. • Cones should be used to mark out the session or activity area, and each socially distanced gathering area. • Any persons not adhering to the guidance and social distancing rules will be asked to leave the grounds. • All attendees are asked to use toilet facilities before they attend the session 	L	
Personal Hygiene	H	<ul style="list-style-type: none"> • Keep hands away from mouth, eyes, nose, ears and face. Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze. Put 	L	

		<p>used tissues in the bin immediately and wash your hands afterwards. Cover all cuts and broken skin with waterproof plasters.</p> <ul style="list-style-type: none"> • Once competitive match play is permitted, players and officials should sanitise hands before and after a game as well as scheduled breaks throughout a game or training session. • Wash your hands with soap and water before and after attending training or a footballing activity – do this for at least 20 seconds. Try to avoid contact with people who are unwell • Participants should bring their own clearly named hand sanitizer and water bottle to each session • Participants will arrive at the venue changed, in kit and ready to play 		
Access and Egress	H	<ul style="list-style-type: none"> • Each set of participants must arrive no earlier than 5 minutes before their designated training time. • Each set of participants must leave the premises immediately at the end of their training. • 2m social distance must always be observed when entering and leaving the training area 	L	
Cleaning and Sanitising Equipment	M	<ul style="list-style-type: none"> • Frequently clean training equipment between uses, using suitable disinfectant/cleaning products. • Frequently clean all objects, equipment and surfaces that are touched regularly, such as goal posts and training equipment and ensure there are adequate disposal arrangements in place. • All items of equipment to be decontaminated using disinfectant wipes or disinfectant (applied to clean cloth then applied to equipment) after each use. • Football activity equipment should be shared only when necessary. Where possible, only coaches should handle equipment in training. 	L	

		<ul style="list-style-type: none"> • Goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. • Water bottles and personal items (clearly labelled) must be stored separately and at least 1 metre away from others. Designated areas will be marked within the training or activity zone. • Bibs must not be shared and must be washed after each session 		
Waste	M	<ul style="list-style-type: none"> • Used cleaning materials must be placed into a secure bin liner which should only be used for the disposal of cleaning equipment and should be disposed by the coach in their waste bin. • All personal items of waste e.g. drinks bottles, snack wrappers etc must be removed and taken home by the individual and disposed of in their own bin. • No waste is to be left at the facility under any circumstances. A sweep of the area must take place by each coach to ensure waste is identified and removed by the owner. 	L	
First Aid	M	<ul style="list-style-type: none"> • First Aid can only be administered in severe circumstances by the coaches as per FA training and only if the coach and parent/player agree. • PPE will be provided for staff and children for use in emergency First Aid circumstances including disposable face mask, sanitizer, anti-bacterial wipes and disposable gloves. 	L	

FA Self-Screen Check

Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.	Check negative	Check positive
A high temperature (above 37.8°C) <ul style="list-style-type: none">• Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff.	<input type="checkbox"/>	<input type="checkbox"/>
A new continuous cough.	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath.	<input type="checkbox"/>	<input type="checkbox"/>
A sore throat.	<input type="checkbox"/>	<input type="checkbox"/>
Loss of or change in normal sense of taste or smell.	<input type="checkbox"/>	<input type="checkbox"/>
Feeling generally unwell.	<input type="checkbox"/>	<input type="checkbox"/>
Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.	<input type="checkbox"/>	<input type="checkbox"/>



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Where reference has been made to 'coaches' this also includes team managers and other team officials that may be at the training session.

Assessors Statement:

Having reviewed the hazards and risk, the level of risk and the key risks, I believe that if the control measures identified are applied this will, so far as is reasonably practicable, have met the requirements of this assessment.

Date Completed: 23/8/2020

Name of Assessor: Mariam Dattoo

Role: Lead Coach

Signature:

Assessment Review Date: 23/8/2021